

# Training schedule

# Naomh Ólaf

30th Sept. to December 2024

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time
	<b>Area 1 (off pitch)</b>	<b>Area 1 (off pitch)</b>	<b>Area 1 (off pitch)</b>	<b>Area 1 (off pitch)</b>	<b>Area 1 (off pitch)</b>	
18:00	U10 Boys	U10 Girls	U9 Girls	U11 Boys	U8 Girls	18:00
19:00	U12 Boys / U13 Boys		U13 Girls	U14 Girls		19:00
20:00						20:00
21:00						21:00
	<b>Area 2 (Lr.1/2 Juvenile)</b>	<b>Area 2 (Lr.1/2 Juvenile)</b>	<b>Area 2 (Lr.1/2 Juvenile)</b>	<b>Area 2 (Lr.1/2 Juvenile)</b>	<b>Area 2 (Lr.1/2 Juvenile)</b>	
18:00	U8 Boys			U9 Boys	U10 Girls	18:00
19:00	U13 Girls / U14 Boys	U12 Girls	U13 Boys	U12 Boys	Ladies Senior Football	19:00
20:00				Adult Camogie		20:00
21:00						21:00
	<b>Area 2A (Upr.1/2 Juvenile)</b>	<b>Area 2A (Upr.1/2 Juvenile)</b>	<b>Area 2A (Upr.1/2 Juvenile)</b>	<b>Area 2A (Upr.1/2 Juvenile)</b>	<b>Area 2A (Upr.1/2 Juvenile)</b>	
18:00	U11 Boys			U10 Boys	U11 Girls	18:00
19:00	U14 Girls / U15 Boys	U15 Girls	U15 Boys	U15 Girls	U12 Girls	19:00
20:00	U16 Girls		U16 Girls	Adult Camogie		20:00
21:00						21:00
	<b>Areas 3 &amp; 4</b>	<b>Areas 3 &amp; 4</b>	<b>Areas 3 &amp; 4</b>	<b>Areas 3 &amp; 4</b>	<b>Areas 3 &amp; 4</b>	
18:00	U9 Boys	U11 Girls	U8 Boys	U8 Girls	U9 Girls	18:00
19:00	Junior Ladies Football		Junior Ladies Football	U14 Boys		19:00
20:00						20:00
21:00						21:00
	<b>Stepaside</b>	<b>Stepaside</b>	<b>Stepaside</b>	<b>Stepaside</b>	<b>Stepaside</b>	
18:00					U16 Boys & Week 1 U12 Girls Wk.2 U10 Girls Wk.3 U11 Girls	18:00
19:00	Week 1 U13Boys, U14B., U15B. / Week 2 U12B., U13G., U14Girls *	Minor & Adult Camogie			Minor Boys - 1/2 pitch	19:00
20:00		Adult Hurling	1/2 pitch - Minor Boys			20:00
	<b>Benildus</b>	<b>Benildus</b>	<b>Benildus</b>	<b>Benildus</b>	<b>Benildus</b>	
18:00						18:00
19:00						19:00
20:00		1/2 pitch - U16 Boys		1/2 pitch - Minor / Senior Camogie		20:00
	<b>Rosemont</b>	<b>Rosemont</b>	<b>Rosemont</b>	<b>Rosemont</b>	<b>Rosemont</b>	
18:00			U8 Boys			18:00
19:00			U9 Girls			19:00
20:00						20:00
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## NOTES

\* If three teams are in Stepaside, the youngest group goes in the middle